

Urban Wilderness Project  
Wilderness Works™ Summer Crew List

1. An open mind, ready to meet new people and challenges.
2. A Quote or saying that you like (write it on a separate slip of paper and bring it)
3. A small paperback book to read and share
4. Two pens and a journal (UWP will supply if you can't)
5. Lightweight drawing supplies (optional)
6. One thing that you will teach to the group (a song, a game, a how to lesson about something) this is very important for when your turn as the entertainer comes up.
7. A musical instrument (small, lightweight, portable) like a shaker, harmonica, your voice (optional)
8. A photograph to share (please protect your photo Note: DO NOT SHOW IT TO OTHERS BEFORE THE TRIP)
9. A travel size game to share
10. Disposable camera
11. Two envelopes with stamps

**GEAR LIST Personal Items for 17 days (Bring these items in a large bag )**

*NOTE: Please do not spend a lot of money on NEW items. Go to the thrift store to buy layers if you don't have them. Polypro socks, underwear can be purchased at Army Navy or Outdoor and More on Westlake. We supply some items as needed. Please CALL 4 days before the trip if you are unable to purchase any of these items.*

1. **9** underwear (3 for backpacking)
2. **3** bras (1 for backpacking)
3. **4** wool socks (read the label/ NO COTTON blend) (2 for backpacking)
4. **4** sock liners (thin polypro socks) (2 for backpacking)
5. **5** t-shirts (2 for backpacking)
6. **2** jeans for working (they will get filthy)
7. **2 shorts or one pair of shorts and a pair of pants that the legs zip off to make shorts**
8. **1** lightweight pants for hiking (if you have the zip off pants described above you do not need another pair of lightweight pants/ sports pants will work)
9. **2** bandanas (**3 for the females**)
10. **1 pair of all leather (no fabric) hiking boots.** NOT work boots (NO Timberland work boots). UWP will supply if you cannot. CALL to request.
11. **1 pair of sneakers** (good condition, but not new. They will get wet and dirty)
12. **1** lightweight/thin warm layer shirt/sweater (fleece or wool- NO COTTON)
13. **1** heavyweight/thick warm layer sweater (Fleece or wool – NO COTTON)
14. **1 heavy weight warm fleece, synthetic pant ( like sweatpants only NO COTTON)**
15. **1** long underwear top (**Polypro—NO COTTON**)
16. **1** long underwear bottom (**Polypro- NO COTTON**)
17. **2** 32-ounce water bottles (This is not a joke. This is life or death. Get Gatorade bottles, they work and they are cheap)

CALL Jourdan @ 206-579-5848 if you have any questions!

Start wearing your hiking boots so you can get used to them as soon as you get them

## Urban Wilderness Project

### Wilderness Works™ Summer Crew List

18. **1 bowl with cover or lid (plastic/metal)**
19. **1 metal spoon**
20. **1 winter hat (wool or synthetic NO COTTON)**
21. **1 winter gloves**
22. **1 winter scarf**
23. **1 long-sleeved lightweight shirt for working**
24. **1 sunglasses** (Required – you must bring your own that fit you!)
25. **1 mosquito net for your head**
26. **1 baseball cap**
27. **1 rain pants** (This must be waterproof/ not water resistant. It can not be plastic)
28. **1 rain jacket with hood** (This must be waterproof/ not water resistant. It can not be plastic)
29. **1 toothbrush**
30. **1 toothpaste (small)**
31. **1 washcloth**
32. **1 small portable pack of baby wipes**
33. Travel-size small UNSCENTED deodorant
34. Swim suit
35. Small hand towel
36. Headlamp/Flashlight (extra batteries)
37. Sun block (small) No tropical scents
38. Non-aerosol bug repellent
39. Personal medical items as prescribed by doctor

**DO NOT BRING:** Any electronics, cell phones, gameboys, extra items, perfume or colognes, hair gel

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